

Dar-ul-Madinah

An Islamic School System

Autumn 1: Edition 7

Book of the Week: *A Tongue to Taste*

This week, our learning theme was inspired by the book *A Tongue to Taste*, which helped children explore and understand the sense of taste through interactive, sensory-rich experiences. The activities were designed to encourage curiosity, language development, and meaningful connections between learning areas.

Sensory & Taste Activities

Children began by exploring a flavoured water station with lemon, apples, and cucumber. They noticed how each ingredient changed the taste and smell of the water and practiced using words like *sweet*, *sour*, and *fresh* to describe it. They then took part in a taste-testing session, comparing different flavours and textures while expressing their preferences. Another fun moment was making fruit smoothies with strawberries, bananas, and pears, which encouraged teamwork and healthy choices. To end, the children made scented playdough with vanilla and lemon, engaging multiple senses and strengthening their fine motor skills through mixing and shaping.

Islamic Studies

This week, we focused on key daily duas. The children revised the dua for greeting (Salaam), and the duas before and after eating, learning about kindness and gratitude. They also practiced the dua for drinking and the dua for sneezing, including the response “Yarhamuk Allah.” Through repetition and role-play, they became more confident in using these duas in daily life.

Arabic

Our Arabic lessons centred on vocabulary and letter recognition. Children learned body parts in Arabic through songs, movement, and games to build listening and speaking skills. They revised the letters د (daal), ر (raa), ب (baa), ا (alif), and و (waaw), with special attention to the letter ب—its sound, shape, and how it’s used in words.



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Term 1 (37 days)	
End of term for children	Wednesday 22 nd October 2025
Inset Day	Thursday 23 rd October 2025
Holiday	27 th – 31 st October 2025
Term 2 (35 days)	
Inset Day	Monday 3 rd November 2025
Start	Tuesday 4 th November 2025
End of term for children	Friday 19 th December 2025
Holidays	22 nd December 2025– 2 nd January 2026



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Reminders:

- Please ensure all clothing, bags, and bottles are clearly labelled.
- Please ensure that spare nappies, wipes, and spare clothing are provided at the beginning of the week in your child's bag.
- Please provide (if you have not already), £1 per week for snack or £7 for the term.
- For children who are three years old or approaching three, we kindly request that parents begin potty training.
Developmentally, children should not be in nappies after the age of three.
- Please ensure the children have suitable clothing, footwear, jackets, gloves etc. as it will be colder in the coming months.

Jazaku Allahu Khairan for your continued support and involvement in your children's learning journey.