

Summer Term 1: Edition 2

Friday 10th April 2026



This week, our nursery children have been learning about *People Who Help Us*, with a special focus on the dentist. The children explored the important role dentists play in keeping our teeth clean and healthy. Through discussions and activities, they developed an understanding of why we must take care of our teeth and how dentists help us do this.

We had group discussions about the importance of brushing our teeth properly. The children learned when and how to brush their teeth, and why it is important to keep them clean to prevent cavities and maintain good oral hygiene.



The children enjoyed decorating their own tooth templates using a variety of craft materials. This activity encouraged creativity and allowed them to express their understanding of healthy teeth in a colourful and engaging way.



This week, we have been learning about healthy and unhealthy foods and how they affect our teeth. The children explored which foods help keep our teeth clean and strong, such as fruits, vegetables, milk, and water. We also talked about foods that can harm our teeth, like sweets, fizzy drinks, and sugary snacks. The children enjoyed sorting foods into “good for our teeth” and “not so good” groups, helping them understand the importance of making healthy choices.

In Maths, we have been practicing numbers 1–7. The children have been counting objects, recognising numbers, and matching numbers to quantities. We used fun activities like number games, songs, and hands-on counting with toys to build confidence. It has been wonderful to see the children becoming more



Arabic & Islamic Studies

In our Islamic Studies, we learned about the story of Khadija (رَضِيَ اللَّهُ عَنْهَا). The children were introduced to her kindness, generosity, and how she supported Prophet Muhammad صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ. We discussed simple lessons from her life, such as being caring, helpful, and kind to others, encouraging the children to follow her beautiful example in their daily behaviour.

We also learned some Sunnahs and the dua for visiting the sick. The children explored how we can show care and compassion to those who are unwell, such as speaking gently and making dua for them. They were introduced to a simple dua and the importance of remembering others in our prayers, helping to build empathy and good manners.

Term 5 (42 Days)	
30 th March 2026	Inset Day 6
31 st March 2026	Start of Term for Children
27 th April 2026	Parents Meeting
4 th May 2026	Bank Holiday
22 nd May 2026	End of Term for Children
25 th May – 29 th May 2026	Half Term Holiday
1 st June 2026	Inset Day 7
2 nd June 2026	Start of Term for Children

Reminders:

- Please ensure all clothing, bags, and bottles are clearly labelled.
- Please ensure that spare nappies, wipes, and spare clothing are provided at the beginning of the week in your child's bag.
- Please provide (if you have not already), £1 per week for snack or £7 for the term
- For children who are three years old or approaching three, we kindly request that during the half-term holidays, parents begin potty training. Developmentally, children should not be in nappies after the age of three.
- Please ensure the children have suitable clothing, footwear, gloves, hats etc as it will be colder in the coming months

Jazakum Allahu Khairan for your continued support and involvement in your children's learning journey.