



Dar Ul Madinah will nurture our learners into model citizens that exemplify the inherent values of Islam, make a positive contribution to the community and are champions of their faith.

PSHE and RHE Policy

This policy is in line with the Mission Statement of the School

Document Control

This policy has been approved for operation within Darul Madinah Primary School

Date of last review: August 2026

Date of next review: August 2027

Review period: Annually

Policy Status: Statutory

Owner: Directors

Personal, social, health and economic education (PSHE) enables children to become healthy, independent and responsible members of society. Within Dar Ul Madinah, children are encouraged to play a positive role in contributing to the life of the school and the wider community. Through this role, children develop their sense of self-worth. Planning includes units linked to mental health, finances, community living, anti-bullying and protective behaviours. Planning also includes units about rights and responsibilities and learn to appreciate what it means to be a positive member of a diverse multicultural society understanding British and Islamic Values.

Aims

The aims of personal, social and health education and citizenship are to enable the children to:

- understand the school and British values; their impact on their daily lives and within the school and the wider community including that of the Islamic faith
- know and understand what constitutes a healthy lifestyle
- know how to keep themselves and others safe
- understand what makes for good relationships with others
- have respect and tolerance for others
- be independent and responsible members of the school community
- be positive and active members of a democratic society
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- develop a knowledge and appreciation of money and the effect it has on themselves and others
- develop good relationships with other members of the school and the wider community

Teaching and Learning

A range of teaching and learning styles support the development and learning within PSHE by placing an emphasis on interactive learning through including the children in discussions, investigations and problem-solving activities. Staff encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school events or involvement in an activity to help other individuals or groups less fortunate than themselves. Teachers organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour.

Planning

Planning is done separately by the teachers.

PSHE/RHE Policy

PSHE is taught on a weekly basis and sometimes PSHE is introduced through other subjects when links naturally occur. As there is a large overlap between the programme of study for Islamic education, the school values, British values and PSHE we teach a considerable amount of the curriculum through our Islamic education lessons

PSHE/RHE is extended through activities and whole-school events, e.g. national weeks such as Anti-bully week. Within the school, children are encouraged to reflect on the Islamic and British values through observing and identifying good Islamic behaviour around the school.

Early Years Foundation Stage (Reception)

In EYFS PSHE is taught as an integral part of the curriculum covered during the year. Planning is related the PSHE aspects of the children's work to the objectives set out in the EYFS guidelines. A further understanding is supported throughout through 'how to develop a child's knowledge and understanding of the world'.

Assessment and recording

Teachers assess the children's work in PSHE by a variety of methods as they observe them during lessons following the specific learning objectives linked to the unit. Large books are used in each class to show examples of discussions, work undertaken and recordings through photographs. All documented in their PSHE or RHE books.